34th HASHaTHON 6 Mile Trail Race

A Jersey Trail Classic!!!

JSRC Sponsored Event Sunday Nov. 10, 2013

Race run in cooperation with the ***Rumson Hash House Harriers***

Cheesequake State Park Exit 120 off the GSP, Follow Signs to the Race

Race Day Registration: 9:30 * 1 Mile Fun Run 2$ - 10:30 * 6 Mile Run - 11AM

ENTRY FEE: PRE-ENTRY $30 with Shirt * $13 without a shirt (prior to Nov. 1)
POST: $35 with shirt WHILE SUPPLIES last! * $15 Post Entry without a shirt

***Long sleeve screen printed Hashathon T-shirt!**

AWARDS: 3 Overall & 3 deep in 10 year Age Groups PLUS other FUN awards!
Additional Hashathon clothing available for sale on race day while supplies last. Special Raffle Prize after Race.

The course encompasses winding wooded trails, gullies, footbridges, small streams, fallen trees, varmints & several eco-systems. You will run through cedar forest & beautiful wetlands. The course is tough, challenging & hilly, but most everyone finishes intact for our post-race party.

Info - call Mark Griggs / Race Director (732) 528-0132 (Evenings) / email - markgriggs2000@yahoo.com

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PLEASE PRINT NEATLY & FILL OUT COMPLETELY OR THE APPLICATION WILL BE RETURNED – SIGNATURE REQUIRED BELOW*

_____ _____ _M / F__ _____
FIRST/LAST Name **Age** **Sex** **Phone / E-Mail**

_____ _____ _____ _____
Street Address **City** **State** **Zip**

ENTRY + SHIRT * $30 / $35 after 11/1 * T-Shirt Size: XXL XL Large Medium Small
ENTRY – NO SHIRT $13 / $15 after 11/1 (please note, the T-shirt is optional)

Amount Enclosed $_____ Event - Please Circle One 6 Mile Race 1 Mile Fun Run

RELEASE - I know that running the Hashathon is a potentially hazardous activity & that I should not enter and run unless I am medically able and properly trained. I agree to abide by any race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to: falls, contact with other participants, the effect of weather, including high or low temperatures and/or humidity, traffic and the conditions of the course, all risks being known & appreciated by me. Having read this waiver & knowing these facts in consideration of your accepting my entry, I, myself & anyone entitled to act on my behalf, release the Jersey Shore Running Club, it's officers, members & race volunteers, the Rumson Hash House Harriers, Cheesequake State Park, it's employees and all sponsors, their representatives, employees & successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in this waiver. Further I grant to all of the forgoing the right to use any photographs, motions pictures, recordings or any other record of this event for legitimate purposes. IN SHORT "IF I GET HURT IT'S MY OWN DAMN FAULT"

Signature * _____ Date _____ *Parent/ Guardian if under 18.

Make Check Payable to : THE JERSEY SHORE RUNNING CLUB

Mail to: Mark Griggs C/O the Jersey Shore Running Club PO Box 150 Allenwood, NJ 08720

You can also sign up on-line at www.active.com, Race info & application also online at www.JSRC.org

******** CO-ED SMOKERS CLASS – RETAINED FOR 2013 ********